



# Farringtons School

## SAFEGUARDING NEWS

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### Allergy Awareness

Over the school holidays some of you may have watched a heart-breaking interview on This Morning which highlighted the story of Amy May Shead, a 29 year old woman who, in 2014, suffered a catastrophic allergic reaction after consuming a single bite of food whilst in a restaurant, after being reassured it contained no nut products.

The consequences for Amy and her family were devastating and reminded us of the importance of raising awareness of allergies and their severity for some children.

According to the charity Allergy UK, around 21 million adults in the UK have at least one allergy, while half of children and under-18's have one or more allergies.

Many of our pupils have allergies to common triggers such as pollen, pets and insects. These allergies manifest themselves with sneezing, irritation and hives, and can be managed through medication. However, a number of our children are at risk of **Anaphylaxis** - a life threatening severe allergic reaction/ abnormal immune response. Anaphylaxis is a medical emergency, and requires early recognition and immediate treatment with the administration of an Adrenaline (Epipen) pen, plus transportation to hospital by ambulance.

We are a "nut free" school because we have children in the school who are severely allergic to nuts. Please can you help us to protect these children by being vigilant and encouraging your children **NOT** to bring any foods into the school such as snacks for break time, or cakes for cake sales, that contain nuts.

Thank you in advance for your cooperation.



### Useful Contact List

#### Junior School

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#### Senior School

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