

# Prep School Summer Menu

## WEEK 1

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### MONDAY

Pork & leek sausages

Glamorgan sausages (V)

Mash, broccoli, sweetcorn

Jacket potato & fillings

Rainbow cake & custard

### TUESDAY

BBQ chicken thigh

Lentil & vegetable curry with  
coconut (V)

Rice, green beans

Pasta bar

Raspberry slice

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### WEDNESDAY

Roast beef & Yorkshire  
pudding

Butternut, cream cheese &  
spinach puff (V)

Roast potatoes, carrots,  
cabbage

Jacket potato & fillings

Chocolate chip muffin

### THURSDAY

Meatballs in tomato sauce

Harissa-roast vegetable pitta  
(V)

Potato wedges, cauliflower

Pasta bar

Blackberry & apple crumble &  
custard

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### FRIDAY

Fish fingers

Spinach & filo pie (V)

Fries, baked beans, peas

Hot dog

Ice cream

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Fresh fruit, yoghurts, salad bar, bread basket available daily. Additional main course items and sandwich selection are also available.



# Prep School Summer Menu

## WEEK 2

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### MONDAY

Teriyaki salmon or vegetable  
noodles & edamame beans

Cheesy asparagus pasta (V)

Broccoli, stir-fried vegetables

Jacket potato & fillings

Apricot crumble & custard

### TUESDAY

Sweet chilli chicken thigh

Red pepper & red onion  
quiche (V)

Potato wedges, sweetcorn,  
green beans

Pasta bar

Fruit cheesecake

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### WEDNESDAY

Roast pork with stuffing

Sweet potato, vegetable &  
halloumi traybake (V)

Roast potatoes, mixed  
vegetables

Jacket potato & fillings

Raspberry & white chocolate  
chip muffin

### THURSDAY

Cottage pie

Butternut squash & bean rice  
(V)

Sweetcorn, carrots

Pasta bar

Chocolate brownie

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### FRIDAY

Chicken nuggets

Cheese panini (V)

Fries, baked beans, peas

Ice lolly

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Fresh fruit, yoghurts, salad bar, bread basket available daily. Additional main course items and sandwich selection are also available.





# Prep School Summer Menu

## WEEK 3

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### MONDAY

Mild chili con carne

Loaded sweet potatoes with  
cheese (V)

Green beans, sweetcorn,  
peppers

Jacket potato & fillings

Chocolate fudge cake,  
chocolate sauce

### TUESDAY

Cajun pork, sweetcorn salsa

Vegetable samosa (V)

New potatoes, spiced  
cauliflower, broccoli

Pasta bar

Cherry crumble & custard

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### WEDNESDAY

Herb-roasted chicken

Spring vegetable quiche (V)

Roast potatoes, carrots &  
greens

Jacket potato & fillings

Lemon muffin

### THURSDAY

Sausage & mash

Pasta & tomato sauce (V)

Mash, mixed vegetables

Pasta bar

Chocolate chip flapjack

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### FRIDAY

Fish fingers

Hummus & vegetable wrap (V)

Fries, baked beans, peas

Ice cream or fruit jelly

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Fresh fruit, yoghurts, salad bar, bread basket available daily. Additional main course items and sandwich selection are also available.



# Prep School Summer Menu

## WEEK 4

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### MONDAY

Chicken & chorizo jambalaya

Cauliflower steak, tahini  
sauce (V)

Corn bread, roast vegetables

Jacket potato & fillings

Orange drizzle cake

### TUESDAY

Lasagne

Vegetable lasagne (V)

Garlic bread, green beans

Pasta bar

Eccles tart

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### WEDNESDAY

Roast turkey, sage & onion  
stuffing & cranberry sauce

Broccoli orzo bake (V)

Roast potatoes, carrots,  
cauliflower

Jacket potato & fillings

Coconut & cherry muffin

### THURSDAY

Pulled pork slider & red slaw

Pulled jack fruit slider & red  
slaw (V)

Potato wedges, sweetcorn

Pasta bar

Key lime pie

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### FRIDAY

Chicken nuggets

Cheese & tomato pizza (V)

Fries, baked beans, garden peas

Chocolate krispie cake

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Fresh fruit, yoghurts, salad bar, bread basket available daily. Additional main course items and sandwich selection are also available.

